



# Riverside High School Breakfast Menu

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

<p>No School</p> <p><b>2</b></p>	<p>Sausage, Egg &amp; Cheese on a whole Grain Bun</p> <p><b>3</b></p>	<p>Ham, Egg &amp; Cheese <i>On a Pretzel Roll</i></p> <p><b>4</b></p>	<p>Sausage, Egg &amp; Cheese on a whole Grain Bun</p> <p><b>5</b></p>	<p>Bacon, Egg &amp; Cheese On Whole Grain Bun</p> <p><b>6</b></p>
<p>French Toast w/ <i>Sausage &amp; Syrup</i></p> <p><b>9</b></p>	<p>Sausage, Egg &amp; Cheese on a whole Grain Bun</p> <p><b>10</b></p>	<p>Ham, Egg &amp; Cheese <i>On a Pretzel Roll</i></p> <p><b>11</b></p>	<p>Sausage, Egg &amp; Cheese on a whole Grain Bun</p> <p><b>12</b></p>	<p>Bacon, Egg &amp; Cheese On Whole Grain Bun</p> <p><b>13</b></p>
<p>French Toast w/ <i>Sausage &amp; Syrup</i></p> <p><b>16</b></p>	<p>Sausage, Egg &amp; Cheese on a Whole Grain Bun</p> <p><b>17</b></p>	<p>Ham, Egg &amp; Cheese <i>On a Pretzel Roll</i></p> <p><b>18</b></p>	<p>Sausage, Egg &amp; Cheese on a whole Grain Bun</p> <p><b>19</b></p>	<p>Bacon, Egg &amp; Cheese On Whole Grain Bun</p> <p><b>20</b></p>
<p>No School</p> <p><b>23</b></p>	<p>No School</p> <p><b>24</b></p>	<p>Merry Christmas</p> <p><b>25</b></p>	<p>No School</p> <p><b>26</b></p>	<p>No School</p> <p><b>27</b></p>
<p>No School</p> <p><b>30</b></p>	<p>No School</p> <p><b>31</b></p>	<p>Happy New Year</p> <p><b>1</b></p>	<p>Sausage, Egg &amp; Cheese On a whole Grain Bun</p> <p><b>2</b></p>	<p>Bacon, Egg &amp; Cheese On Whole Grain Bun</p> <p><b>3</b></p>

### Bakery

### Pastry/Pancakes

### Fruits/Juice

### Cereal

**Served Daily!**  
 Saus. Egg & Ch. on WG Bun  
 Otis Spunkmeyer Muffins  
 Apple Cinnamon  
 Blueberry  
 Chocolate Chip  
 Cereal Bars  
 Cinnamon Toast Crunch  
 Cocoa Puff  
 Trix

**Served Daily!**  
 Apple Frudel  
 Cherry Frudel  
 Cinni Mini Pastry  
 Maple Mini Pancakes

Prices:  
 Paid \$1.30  
 Reduced \$.30  
 Free \$.0

**Grab a Milk**  
 1%, Skim, Chocolate Skim

In accordance with Federal and US Dept. of Agriculture (USDA) civil rights regs & policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity

**GOOD FOR YOU**

**Fresh Fruit**  
 Apples, Oranges,  
 Bananas

**Juice**  
 Apple, Orange, &  
 Fruit Juice

Apple Jacks, Fruit Loops,  
 Cocoa Puffs, Frosted Flakes,  
 Lucky Charms, Golden Grah,  
 Shrd. Wheat, Cin. Tst. Crnch

### Bagels

Bagels w/ Cream Cheese  
 (plain or Strawberry)  
 Cin. Cr. Ch. Mini Bagel  
 Straw. Cr. Ch. Mini Bagel

